

## **Pneuma-Somnambulism**

by Jeff Borden © March 01, 2010

(*Spiritual – Sleepwalking*)

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As we journey this life, how many are **sleepwalking** through it?

How many of us live in a **Matrix** existence created by the media and the moguls of consumerism?

How many of us live in the nightmarish dream of our own individualism and ambition?

Are our thoughts of things that matter eternally... kept at bay with slight-of-hand distractions by the enemy of our soul?

Every time you attempt to awaken from your slumber of soul... are you rendered again, unconscious by the pied-piper of the **American Dream**?

We groan in the pangs of our own rebirth; terrified of what lies on the other side

We are strangled with anxiety and fear at the thought of **losing control**...as if we ever were in control in the first place; crippled with the illusion of our own **self**-sustaining power

We wrestle with shaking the slumber and cobwebs of confusion from our **Intellect**, the **Master-mind of man**, who with steely grip and maniacal tyranny controls the passions of our heart

Will we ever awaken?

Can we break free from the **narco-hallucinogenic** bondage of the **adamic** self?

A Rescuer beckons us; with **kerygmatic** boldness, His Spirit calls:

“Wake up, O sleeper, rise from the dead, and Christ will shine on you.”

Awaken O Sleeper, Awaken.

*“..everything exposed by the light becomes visible, for it is light that makes everything visible. This is why it is said: “Wake up, O sleeper, rise from the dead, and Christ will shine on you.” Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord’s will is...” [Ephesians 5:13-17](#)*